



Springbok Expedition

Requirements / Timeline /

Planning / Log Checklist



Springbok Expedition Requirements



1	<p>With the prior approval of the RTC Scout Programme or their appointed nominee, plan and lead a three-day, two-night expedition over a route you have not covered before.</p> <p>The route should be at least 30km if walking.</p> <p>If the mode of transport is not hiking, a distance should be agreed upon by the RTC Scout Programme.</p> <p>Your group must comprise of at least four Scouts including yourself, the others being First Class Advancement level or below.</p> <p>Your route must be planned on a 1:50 000 map or equivalent.</p>
2	<p>Submit a written log to your Scouter within four weeks of the expedition giving a detailed description of route, directions and landmarks.</p> <p>The log should be sufficiently detailed to allow someone else to easily follow your route.</p> <p>This expedition is ultimately signed off by the RTC Scout Programme or their appointed nominee.</p>



Springbok Expedition :

Expedition Timeline - Before and After the Hike



#	#Days	Activity	Examiner's Comments
1	-45	Decide on a suitable hike route in an area where you would like to hike a distance of at least 30km over a period of three days and two nights. The hike route should not have been previously hiked by you and must include escape routes, i.e. an alternative route, should any problems be encountered. A section of the hike may be completed by bicycle, on water or by air. If so, the hike distance will be greater than 30km, increased at the discretion of the Springbok Hike Examiner.	
2		Discuss the chosen hike route with your Troop Scouter or his/her nominee.	
3	-38	Meet with the designated Springbok Hike Examiner in your Region (as appointed by the RTC Scout Programme) and discuss your hike route and proposed date(s) (alternatives) for your Springbok Expedition hike with him/her. The Springbok Hike Examiner must approve your hike route and planning for the Expedition.	
4	-34	Select and obtain commitment from a minimum of three Scouts who are to hike with you. They must be between the ages of 14 and 18, have not yet achieved the Springbok Award, nor have previously hiked any part of your chosen route. Accompanying Scouts may have achieved their First Class. There may be no more than a total of six Scouts in the hiking party.	
5	-30	Read any documentation that the Springbok Hike Examiner may give to you and take cognisance of any important points or additional requirements.	
6		Obtain 1:50,000 topographical map(s) and plan your hike route in detail, including escape routes and emergency procedures. This is in addition to the Safety Plan on your hike permit.	
7		Obtain written permission from SANParks /Conservation authority / landowners to access and hike across their land.	
8		Prepare lists of the following: Personal hike kit, Patrol equipment, Menu / food, First Aid kit, Survival kit (including food), Springbok Expedition Budget & Total Cost per Scout	
9		Arrange transport to and from the start and finish of the hike venue.	
10	-21	Make the necessary application for the required SCOUTS South Africa <i>Scout / Patrol Activity Permit</i> .	
		https://www.scouts.org.za/wp-content/uploads/Scout-or-Patrol-Activity_-Permit-application-form-March-2018-v3.0.pdf	

#	#Days	Activity	Examiner's Comments
11	-15	Send an email to each Scout who will be accompanying you, and their parents, informing them of the detailed plans for the hike, viz. dates, times, transport arrangements, hike venue, cost.	
12		Obtain fully completed and signed SCOUTS South Africa <i>Parent Consent and Indemnity Form:Events and Activities</i> from each Scout accompanying you on your hike.	
		https://www.scouts.org.za/wp-content/uploads/Parent-Consent-Indemnity-Form-Events-February-2022-v1.4.pdf	
13	-10	Submit your hike planning to the Springbok Hike Examiner and get his/her final approval before embarking on your hike.	
14		Inform your Troop Scouter where and when you will be hiking and provide him/her with a copy of your map indicating your chosen hike route (as part of your emergency procedures).	
15	-2	Confirm with the Springbok Hike Examiner that all your Springbok Expedition hike planning is complete, you are set and ready to go and will carry out the hike as planned.	
16	-1	You, the Aspirant Springbok Scout and Hike Leader in charge of the hike, personally inspect all kit, food and equipment and the readiness of the entire hike party the night before you depart on the hike. The weight of each pack should be less than 15kg.	
17	D-Day	On arrival at the hike start venue, you must decide if the hike party is fully prepared and it is safe to proceed on the hike before sending transport away.	
18		<i>In the event that your Springbok Expedition is cancelled for whatever reason, you must inform your Troop Scouter and the Springbok Hike Examiner that you will not be hiking.</i>	
		After several weeks of detail planning and making all the necessary arrangements for your Springbok Expedition, it is now time to enjoy the fruits of your hard work! Enjoy your hike as you spend time with your fellow Scouts putting the OUT into ScOUTing. Remember, it's up to you ensure the safety of your hike party and, most importantly, have FUN!!	
19		Start the hike, keep notes, times, bearings, comments and be able to justify your decisions. Remember your Scout Law No 1.	
20		You, the Hike Leader, must carry out risk assessment periodically along the route to assess the hiking conditions, water consumption and hiking fitness of the hike party, as well as timing according to your route plan.	
21	1	Immediately upon returning from your Springbok Expedition, notify the Springbok Hike Examiner and your Troop Scouter that you have successfully completed your hike and advise them of any incidents or extenuating circumstances that occurred during your Springbok Expedition.	
22		Read any documentation again that your Regional Springbok Hike Examiner may have given you.	
23		Write up your <i>Springbok Expedition Log</i> according to the Expedition Log Checklist	
24		Complete your log within four weeks of completing the hike.	
25	31	Hand in your log to the Springbok Hike Examiner within the allotted time period, ensuring that it is handed in a minimum of twenty one days before you turn 18.	
26	7	The Springbok Hike Examiner may return your Springbok Expedition Log to you and request some minor changes, amendments and corrections. Complete any corrections that the Springbok Hike Examiner may request and return the corrected Expedition Log to the Examiner within seven days.	

Springbok Expedition :

Pre-Expedition Planning Document



#	Item	Examiner's Comments
1	Title Page	
2	Contents Page	
3	List of participants and their ages	
4	Copies of fully completed and signed parent consent forms for all participants	
5	Personal kit list for all members	
6	Patrol kit list divided up per hiking member	
7	Items in general First Aid Kit	
8	Items in personal First Aid Kit	
9	Contents of Survival kit	
10	Menu, quantity and food costs, include nutritional value	
11	Means of transport to and from hike with precise directions	
12	Overall budget including permits, accomodation, transport and food	
13	Copy of email to TS and hike evaluator of intention to hike with high level details	
14	Copy of invitation to candidates and parents with high level details of route including the dates	
15	Copy of permission granted by SANparks/Conservation/landowners	
16	Copy of SCOUTS SA permit and any other required permits	
17	Detailed description of route highlighted on a 1:50000 topographical map	
18	Detailed escape routes highlighted on a 1:50000 topographical map	
19	Copy of 1:50000 map of area to be hiked and all routes marked on it	
20	Expected hike progress timeline - Detailed with Time, Distance and location	
21	Submitted 10 days before departure to the Springbok Hike Examiner	

Springbok Expedition :

Expedition Logbook Checklist



#	Item	Description	Examiner's Comments
		<i>Your log may be an electronic or hardcopy submission</i>	
1	Cover	Include an interesting cover	
2	Introduction	To: Examiners name, From: Name, Address and Phone number of Scout, Place, Hike length, Transport and Date of hike	
3	Index	Contents of Log with page numbers	
4	Resume	Maps used, hikers names and brief description of the route.	
5	Route	Map of complete route with scale, North point, key and map references	
6	Escape Routes	Escape routes be shown on the map and described in the resume	
7	Elevation Profile	An elevation profile of the complete hike either hand drawn, Google Earth/other	
8	Log	Columns for Time, Magnetic Bearing, Leg Distance, Elapsed Distance, Details/Observations. Factual details but including remarks of team and things of interest. Leg distance not to be more than 1km.	
9	Maps	Hand or electronically drawn maps on the opposite page to the log. Scale is to be adjusted to cover the section covered by that page of the log and must contain the map scale, north point and possibly a key (optional) on each map. Scale to be not smaller than 1:15,000; so 1:10,000 is OK but 1:20,000 is not. The map may be hand drawn, a photocopy of a 1:50,000 map, electronic image from cellphone app, Google Maps or GPS Track.	
10	Nature Reports	Include interesting comments in your log on fauna and flora and include photos.	
11	Camp Reports	A brief report of suitability of area of overnight spots for camping, availability of water, natural shelter and shade.	
12	Dangers	List of potential dangers observed while hiking	
13	Recommendations	Food and kit excesses or shortages, route variations and advice	
14	Weather	A weather report for your hike one day before you set off. Include each day in the report. Comment on the weather in your log details/observations.	
15	Conclusion	Your general observations and thoughts to anybody else doing the hike	
16	Hand-In	Within one month of completing the hike and at least 21 days before your 18th birthday	