

cubs

national challenge

2019

**‘get involved & be
prepared to create a
better world’**



SCOUTS  *for* **SDGs**

introduction:

On the 16th of November 2018 "Scouts for SDG's" was launched at the United Nations (UN) headquarters in New York – *"an unprecedented mobilisation of our Movement that will see 50 million Scouts make the world's largest coordinated youth contribution to the Sustainable Development Goals (SDG's) for 2030"*.

what are the sustainable development goals?

The Sustainable Development Goals (SDGs) were born at the United Nations Conference on Sustainable Development in Rio de Janeiro in 2012. The objective was to produce a set of universal goals that meet the urgent environmental, political and economic challenges facing our world.

One of the main outcomes from this conference was an international agreement to negotiate a new set of global Sustainable Development Goals (SDGs) to guide the path of sustainable development in the world after 2015. Building on the Millennium Development Goals (MDGs), the SDGs were established following the largest multiple stakeholder consultation process of its kind.

It was determined that these goals should be *"action-oriented, concise and easy to communicate, limited in number, aspirational, global in nature and universally applicable to all countries, while taking into account different national realities, capacities and levels of development and respecting national policies and priorities"*. They should be *"focused on priority areas for the achievement of sustainable development"*. They should also reflect *"the moral principles that no-one and no country should be left behind, and that everyone and every country should be regarded as having a common responsibility for playing their part in delivering the global vision"*.

On the 25th of September 2015, during the UN General Assembly in New York, an unprecedented 193 countries adopted the 17 new Sustainable Development Goals with 169 specific targets to be achieved over the next 15 years. In the words of the United Nations Development Program, the goals are designed *"to end poverty, hunger and inequality, take action on climate change and the environment, improve access to health and education, and build strong institutions and partnerships, and more"*.

All of the goals have been conceived as applying ambitions and challenges to all countries. All of the goals and targets contain important messages and challenges for developed and developing countries alike. However, for the goals to be reached, everyone needs to do their part: governments, the private sector, civil society and people like us.

The 17 Sustainable Development Goals (SDG's) are:



End poverty in all its forms everywhere.



End hunger, achieve food security and improved nutrition and promote sustainable agriculture.



Ensure healthy lives and promote well-being for all at all ages.



Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.



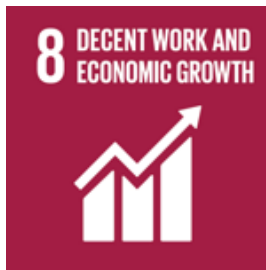
Achieve gender equality and empower all women and girls.



Ensure availability and sustainable management of water and sanitation for all.



Ensure access to affordable, reliable, sustainable and modern energy for all.



Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.



Build resilient infrastructure, promote inclusive and sustainable industrialisation and foster innovation.



Reduce inequality within and among countries.



Make cities and human settlements inclusive, safe, resilient and sustainable.



Ensure sustainable consumption and production patterns.



Take urgent action to combat climate change and its impacts.



Conserve and sustainably use the oceans, seas and marine resources for sustainable development.



Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and half biodiversity loss.



Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.



Strengthen the means of implementation and revitalise the Global Partnership for sustainable development

how can we help?

In order to achieve a better and more sustainable future for all, we all have a role to play.

This is where Scouting comes in.

"Since its beginnings, Scouting has been enabling young people from every corner of the globe to create positive change in their communities, acting on challenges and needs at all levels of society. It uses an action-orientated, self-educational approach to contribute to the empowerment and holistic development of young people as autonomous individuals and active global citizens."

the challenge:

SCOUTS South Africa is introducing an "SDG Champion badge" for Scouts, Rovers and Adults, which can be achieved over two or more years. The Cubs will be challenged annually through their Cub National Challenges.

This year we will focus on the **first four SDG's** – no poverty; zero hunger; good health and well-being; and quality education. In subsequent years we will focus on the other SDGs. However, you will still be able to tackle the challenges for the first four.

In order to qualify for this year's Cub National Challenge badge, the Pack needs to complete **all four SDG's**. As this is an ongoing challenge, any four of the SDG challenges completed by a Cub, prior to them going up to Scouts, will count towards the Scout "SDG Champion badge", which requires the Scouts (as well as Rovers and Adults) to complete eight of the SDG challenges, over two or more years.

Goal 1: No Poverty

Nearly half of the world lives in poverty today, and so many people struggle for basic human needs like adequate food and clean water. Eliminating poverty is about giving all people everywhere an equal chance at living fulfilled lives.

Eradicating poverty in all its forms remains one of the greatest challenges facing humanity. While the number of people living in extreme poverty dropped by more than half between 1990 and 2015, too many are still struggling for the most basic human needs.

Globally, about 736 million people are still living on less than R26.39 a day (2015), many lacking access to adequate food, clean drinking water and sanitation. Women are more likely to live in poverty than men due to unequal access to paid work, education and property.

Progress has also been limited in other regions, such as South Asia and sub-Saharan Africa, which account for 80 % of those living in extreme poverty. New threats brought on by climate change, conflict and food insecurity, mean even more work is needed to bring people out of poverty.

Facts and figures:

- 10 % of the world's population = 736 million people still live in extreme poverty.
- Some 1.3 billion people live in multidimensional poverty. Multidimensional poverty is made up of several factors that constitute poor people's experience of deprivation – such as poor health, lack of education, inadequate living standard, lack of income, disempowerment, poor quality of work and threat from violence.
- Half of all people living in poverty are younger than 18 years old.
- One person in every ten in the world is extremely poor.
- 80% of people living on less than R26, 39 are in South Asia and sub-Saharan Africa.

Complete the following requirements:

Run the Cub programme and complete **ONE** of the other requirements:

1. Run the **“Creating a Better World”** Cub programme with your Pack to introduce the Cubs to the Sustainable Development Goals (SDG's)
2. Think of ways you can promote the sustainable use of our natural resources within your community.
3. Create a poster to educate your community on how the misuse of our natural resources can lead to poverty.

Goal 2 – Zero Hunger

We already have enough food to feed everyone on the planet, but hunger is still the leading cause of death in the world. Millions of people are malnourished, but if we simply cut down on food waste, give everyone equal access to land, and support local and sustainable farmers, no one will ever go hungry again.

Rapid economic growth and increased agricultural productivity over the past two decades have seen the number of undernourished people drop by almost half. Many developing countries that used to suffer from famine and hunger can now meet the nutritional needs of the most vulnerable. Central and East Asia, Latin America and the Caribbean have all made huge progress in eradicating extreme hunger.

Unfortunately, extreme hunger and malnutrition remains a huge barrier to development in many countries. 795 million people are estimated to be chronically undernourished as of 2014, often as a direct consequence of environmental degradation, drought and loss of biodiversity. Over 90 million children under the age of five are dangerously underweight, and one person in every four still goes hungry in Africa.

The SDG's aim to end all forms of hunger and malnutrition by 2030, making sure all people – especially children – have access to enough nutritious food all year round. This involves promoting sustainable agricultural practices; supporting small scale farmers and allowing equal access to land, technology and markets. It also requires international cooperation to ensure investment in infrastructure and technology to improve agricultural productivity. Together with the other goals set out here, we can end hunger by 2030.

Facts and figures:

- One in nine people in the world today is undernourished; that's 795 million people.
- Asia is the continent with the highest number of hungry people, two thirds of the total.
- A quarter of children suffer from stunted growth. In some developing countries, it's as high as one in three.
- Agriculture is the world's largest employer, providing livelihoods for 40 percent of the global population.
- If women farmers had the same access to resources as men, the number of hungry people in the world could be reduced by 150 million.
- Since the 1900s, some 75 % of crop diversity has been lost from farmers' fields.

Complete the following requirements:

Complete **TWO** of the following:

1. Start a sustainable food garden in your community and donate the harvest from the garden to a local soup kitchen.
2. Earn the Gardening Interest badge.
3. Earn the Food for Life badge (10 year olds).
4. With your Pack start a '**little goes a long way**' challenge by collecting any spare change. Use the money collected to purchase groceries for a feeding scheme in your community.

Goal 3 - Good health and well-being

Huge strides have been made in reducing child mortality, improving maternal health and fighting HIV & AIDS, malaria and other diseases. Since 1990, there has been a decline of over 50% in preventable child deaths globally. Maternal mortality also fell by 45% worldwide. New HIV & AIDS infections fell by 30 % between 2000 and 2013, and over 6.2 million lives were saved from malaria.

Despite this incredible progress, more than 6 million children still die before their fifth birthday every year. 16,000 children die each day from preventable diseases such as measles and tuberculosis. Every day hundreds of women die during pregnancy or from child-birth related complications. In many rural areas, only 56 percent of births are attended by skilled professionals. AIDS is now the leading cause of death among teenagers in sub-Saharan Africa, a region still severely devastated by the HIV epidemic.

These deaths can be avoided through prevention and treatment, education, immunization campaigns, and sexual and reproductive healthcare. The SDG's make a bold commitment to end the epidemics of AIDS, tuberculosis, malaria and other communicable diseases by 2030. The aim is to achieve universal health coverage and provide access to safe and affordable medicines and vaccines for all. Supporting research and development for vaccines is an essential part of this process as well.

Facts and figures:

- Each year around the world, more than 6 million children die before reaching their fifth birthday.
- Children born into poverty are almost twice as likely to die before the age of 5 as those from wealthier families.
- Measles vaccines have averted nearly 15.6 million deaths since the year 2000.
- Over 6.2 million malaria deaths were averted between 2000 and 2015, primarily of children under 5 years of age in sub-Saharan Africa.
- Maternal mortality has fallen by almost 50 % since 1990. In East Asia, North Africa and South Asia, it has declined by around two thirds.
- An estimated 2.1 million people were infected with HIV in 2013, down 38 % from 2001.

Complete the following requirements:

Complete **TWO** of the following:

1. Invite a health professional to visit the Pack to talk about communicable diseases (TB, Malaria, etc.) and non-communicable diseases (diabetes, allergies, asthma, etc.) and how to prevent them.

OR

Visit your local clinic and find out what function the clinic performs and what health challenges the people in your community experience.

2. Learn the difference between immunisation and vaccination. Find out what diseases your family have been vaccinated and immunised against. Should they receive any other protection, and do they need any booster doses?
3. Earn the First Aid badge (10 year olds).
4. Complete the '**Healthy Living**' requirements for the Silver/Gold Wolf Community challenge and share the skills learnt with your friends.

Goal 4 - Quality education

Education can be the key that opens the door to a lifetime of opportunity, but only if everyone has access to lifelong learning opportunities, whether inside or outside of school.

Since 2000, there has been enormous progress in achieving the target of universal primary education. The total enrolment rate in developing regions reached 91 %

in 2015, and the worldwide number of children out of school has dropped by almost half. There has also been a dramatic increase in literacy rates, and many more girls are in school than ever before. These are all remarkable successes.

Progress has also been tough in some developing regions due to high levels of poverty, armed conflicts and other emergencies. In Western Asia and North Africa, ongoing armed conflict has seen an increase in the number of children out of school. This is a worrying trend. While Sub-Saharan Africa made the greatest progress in primary school enrolment among all developing regions – from 52 % in 1990, up to 78 % in 2012 – large disparities still remain. Children from the poorest households are up to four times more likely to be out of school than those of the richest households. Disparities between rural and urban areas also remain high.

Achieving inclusive and quality education for all reaffirms the belief that education is one of the most powerful and proven vehicles for sustainable development. This goal ensures that all girls and boys complete free primary and secondary schooling by 2030. It also aims to provide equal access to affordable vocational training, to eliminate gender and wealth disparities, and achieve universal access to a quality higher education.

Facts and figures:

- Enrolment in primary education in developing countries has reached 91 %.
- 57 million primary-aged children remain out of school, more than half of them in sub-Saharan Africa.
- In developing countries, one in four girls is not in school.
- About half of all out-of-school children of primary school age live in conflict-affected areas.
- 103 million youth worldwide lack basic literacy skills, and more than 60 % of them are women.
- Globally, 6 out of 10 children and adolescents are not achieving a minimum level of proficiency in reading and math.

Complete the following requirements:

Complete **TWO** of the following:

1. Start or participate in a community book drive and donate the books collected to a local school/library.
2. Create 'busy bags' or 'activity packs' for an Early Childhood Development Centre in your community (<https://childhood101.com/busy-bag-ideas-preschoolers/>).
3. Visit Early Childhood Development Centres in your community and play educational games or read to the children.
4. Read in your home language a short story to your Pack.

references:

<http://www.undp.org/content/undp/en/home/sustainable-development-goals/background.html>

<https://charity.org/sdgs-background>

<http://www.undp.org/content/undp/en/home/sustainable-development-goals.html>

www.sesamestreet.org/toolkits/healthy_habits

National Challenge – Cub Programme:

Theme:	Creating a Better World
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Date:

Duty Six:

Time	Min	Activity	Equipment	Scouter
	05	GRAND HOWL Flag Prayer Register	Totem/skin/rock Flag/flag pole Prayer book Register	
<i>The Sustainable Development Goals (SDG') are a universal call to action to end poverty, protect the planet, and ensure that everyone enjoys peace and prosperity.</i>				
	05	ACTIVE GAME: Complete the goals The pictures of the goals are scattered about the playing area. Each Cub is given a piece from one of the pictures. On the signal 'go', all go off to find the picture into which their piece will fit. Once their picture is found, the Cubs take it to the Leader to be checked.	Copies of the SDG's, each with a piece cut out.	
<i>No one can do everything, but everyone can do something.</i>				
	15	ACTIVITY: Creating a Better World As a Six, the Cubs are to write down anything they think will make the world a better place to live in. Share their ideas. Explain that the SDG's are trying to make the world a better place for everyone, but particular the poorest and most vulnerable people around the world.	A picture of the world per Six.	
<i>How many good/bad choices of food do we eat every day?</i>				
	10	RELAY GAME: Good choices Opposite each Six are two paper plates or cardboard discs. One for good choices and one for bad choices.	Pictures of good and bad choices of food; 2 x paper plates/cardboard discs per Six	

Time	Min	Activity	Equipment	Scouter
		<p>Scatter pictures of good foods (vegetables, etc.) and not so good foods (fizzy drinks, etc.) around the plates. Cubs run up in relay formation, choose a picture and place their picture on the correct plate.</p> <p>Challenge the Cubs, during the next week, to taste healthy foods which start with the chosen letter of the week, e.g. for the letter M try mango, milk, mushrooms, etc.</p>		
<i>One person for every ten in the world is very poor!</i>				
	10	<p>ACTIVITY: If I was President for the day.</p> <p>Find out from the Cubs what their understanding is of poverty. As a Six, if they could be president for the day, what would they do to alleviate poverty in the country? Share their ideas.</p>		
<i>If we are going to create a better world, we need to ensure that we are fit and healthy.</i>				
	05	<p>ACTIVE GAME: The heart dance</p> <p>Lead the Cubs in the actions mentioned in the song. As the Cubs dance together, they will learn that moving their bodies makes their hearts and lungs work harder, and this keeps them strong and healthy.</p>	Words to the song	
<i>Sadly, a lot of children around the world die before they turn five from infectious diseases. What part can we play to prevent this?</i>				
	05	SING SONG: Cough or sneeze	Song lyrics	
<i>We need to keep those germs away.</i>				
	10	<p>CIRCLE GAME: Germ chase</p> <p>The Cubs form a large circle and number off in fours. All players hearing their number called, step back and run around the circle, each runner trying to 'tag' the germ (player) in front of them.</p>		

Time	Min	Activity	Equipment	Scouter
		Runners who are 'tagged' from behind lose a life. When all four Cubs have run around the circle, re-form the circle, and call another number.		
<i>Germs come if many different shapes and sizes!</i>				
	15	<p>ACTIVITY: Germ collage</p> <p>Have each Cub 'create' a germ, which can be glued onto a large piece of paper, creating a collage. Add the "Wipe and blow your nose" poem; hang the collage where the Cubs can see it as a constant reminder of how they can stop germs from spreading.</p> <p>Some ideas of what the Cubs could draw:</p> <div data-bbox="453 958 986 1106" style="text-align: center;"> </div>	Large sheet of paper; pieces of coloured paper; crayons; scissors; glue	
<i>Are we ready? Are we prepared to create a better world?</i>				
	05	NOTICES/BADGES		
	05	GRAND HOWL Flag Prayer Dismiss	Totem/skin/rock Flag/flag pole Prayer book	

"The heart dance"

Wiggle, wiggle, wiggle.
Jiggle, jiggle, jiggle.
Dance, dance, dance.

(Now dance really fast)

Prance, prance, prance.
Hop, hop, hop.
Stop, stop, stop!

Feel your lungs,
breathe in and out,
as you laugh and sing
and dance about!

Now here comes the resting part,
stop right there and feel your heart.
Is it beating fast?
How do you know?
When you're ready to move
Say, "Go! Go! Go!"

Poem: **"Wipe and blow your nose"**

Cover your mouth when you cough or sneeze.
Use a tissue or elbow please!
Wipe your nose and throw the germs away.
Wash your hands with soap and now we play!

"Cough or sneeze":

(Tune: Mary had a little lamb)

When you have to cough or sneeze,
Cough or sneeze, cough or sneeze,
When you have to cough or sneeze,
Cover your mouth please!

Template of the World for
"Creating a Better World"



Scout Group: _____ Name of Pack: _____ _____ Date Completed: _____ By completing the challenge you qualify for a Messengers of Peace (MOP) badge too. Just <u>upload your projects</u> to the MOP page on the WOSM portal and <u>write / paste the link here</u> : _____	Number of Cubs who took part: _____ Number of Scouters who took part: _____ Email address Pack Scouter: _____ <u>Photos:</u> In order for SSA to report to WOSM we require photos. Please send in 4 photos of one or more completed requirements in order to facilitate reporting.
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Goal 1: Poverty

Run the Cub programme AND complete **ONE** of the other requirements:

1. Run the **"Creating a Better World"** Cub programme with your Pack to introduce the Cubs to the Sustainable Development Goals (SDG's)
2. Think of ways you can promote the sustainable use of our natural resources within your community.
3. Create a poster to educate your community on how the misuse of our natural resources can lead to poverty.

"Creating a Better World" – did your Cubs enjoy the programme and what did they learn? Share some of their ideas.

Circle the completed requirement: 2 – 3

Describe how you completed the requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

Goal 2: Zero Hunger

Complete **TWO** of the following:

1. Start a sustainable food garden in your community and donate the harvest from the garden to a local soup kitchen.
2. Earn the Gardening Interest badge.
3. Earn the Food for Life badge (10 year olds).
4. With your Pack start a **'little goes a long way'** challenge by collecting any spare change. Use the money collected to purchase groceries for a feeding scheme in your community.

Circle the completed requirements: 1 - 2 - 3 - 4

Describe how you completed first requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

Goal 3: Good health and well-being

Complete **TWO** of the following:

1. Invite a health professional to visit the Pack to talk about communicable diseases (TB, Malaria, etc.) and non-communicable diseases (diabetes, allergies, asthma, etc.) and how to prevent them.
2. OR
3. Visit your local clinic and find out what function the clinic performs and what health challenges the people in your community experience.
4. Learn the difference between immunisation and vaccination. Find out what diseases your family have been vaccinated and immunised against. Should they receive any other protection, and do they need any booster doses?
5. Earn the First Aid badge (10 year olds).
6. Complete the **'Healthy Living'** requirements for the Silver/Gold Wolf Community challenge and share the skills learnt with your friends.

Circle the completed requirements: 1 – 2 – 3 - 4

Describe how you completed the first requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

Describe how you completed the second requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

Goal 4: Quality education

Complete **TWO** of the following:

1. Start or participate in a community book drive and donate the books collected to a local school/library.
2. Create 'busy bags' or 'activity packs' for an Early Childhood Development Centre in your community (<https://childhood101.com/busy-bag-ideas-preschoolers/>).
3. Visit Early Childhood Development Centres in your community and play educational games or read to the children.
4. Read in your home language a short story to your Pack.

Circle the completed requirements: 1 – 2 – 3 - 4

Describe how you completed the first requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

Describe how you completed the second requirement (min 6 sentences):

What did you and your Cubs learn? What was the outcome? (min 6 sentences):

General comments about the 2019 challenge:

Reminder:

- Have you uploaded your projects to the Messengers of Peace website? If so, add the link above to qualify for the Messengers of Peace badge.
- Have you added 4 photos to this entry form for reporting purposes?
- **Challenge deadline: 30 November 2019**

Thank you for getting involved and being prepared to create a better world!