



pack chat

August 2018

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think about it

You don't always need a plan. Sometimes you just need to breathe, trust, let go and see what happens. You will get there when you are meant to get there and not a moment sooner. Worrying is a waste of time. Good and bad things will happen on your way through life. You just have to keep living and not stress about what you can't control.

"ride the wind and fly like an eagle"

Eagles have powerful eyes. Their vision is estimated to be four to eight times stronger than a human's. Incredibly, they're said to be able to see a rabbit from over three kilometres away! Their elite eyesight helps them to focus on their prey even while flying at high speeds. A hunter's greatest power over its prey is seeing it first. Because eagles see their prey first, they gain an immediate tactical advantage.

What if you saw your life circumstances and goals as your prey? What if you anticipated the things that would happen as a result of your actions? That gives you the advantage of adjusting your approach. Things do happen to us without us knowing sometimes, but more often than not, the direction we take determines what we'll receive.

Eagles' diets are mostly fish, but they can eat a large variety of creatures as needed. Aside from eating numerous species of fish and birds, eagles will also eat rabbits, hares, ground squirrels and a few other small animals. When they can't find fish, they'll find something else.

Life requires flexibility in the same way. To thrive you mustn't only look for the same opportunities, you need to see new types of opportunities that you may not have considered before. The key to survival throughout history has always been adaptability. Those who adapt to their environment survive.

Flying is core to an eagle's identity—they're born to fly! Eagles begin flying at 10-12 weeks old. To learn, they practice short flights to nearby trees and observe their parents fly. An eagle that doesn't fly is a sad eagle.

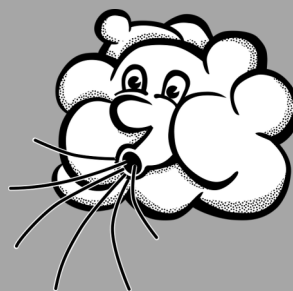
A human who doesn't live in a way that suits them is a sad human. Life is most satisfying when you use your natural abilities. To develop any skill, we must practice, but much can also be learned by simple observation of others who already have the skill. Eagles don't look at their parents' flying skills with jealousy, they look at them to learn to fly. If someone is able to do something you want to be able to do, observe them and learn from them.

<https://stephenguise.com/how-to-live-and-fly-like-an-eagle/>

did you know?

- An **aeolian harp** is a box with strings tuned in unison that are sounded by the wind
- A **squall** is a sudden, violent gust of wind, often accompanied by rain, snow or sleet
- Solar wind in outer space is a **stream of charged particles**, which come from the Sun

<https://pixabay.com/en/wind-blowing-cloud-air-cartoon-1295105/>,
<http://www.sciencekids.co.nz/sciencefacts/weather/wind.html>



*it's the big birds that teach
the young ones to fly*
african proverb

Frequently Asked Questions

Q: The special interest badges for the Leaping Wolf badge are?

A: The special interest badges are:

- ◆ First Aid (compulsory)
- ◆ Civil Emergency
- ◆ World Friendship
- ◆ Linguist
- ◆ Outdoorsman
- ◆ Religion and Life
- ◆ World Scout Environment

Cubs have to earn the First Aid badge and two of the other badges.

Cubs must have passed their 10th birthday before starting on these badges.

windy games with a lot of action!

* North/East/South/West

Indicate where North is, and then the four boundaries of your playing area are North, South, East and West. The Leader calls out a compass point and everybody runs to that side. Anyone going the wrong way loses a life. When the Leader calls 'meteorite' then all the Cubs must get off the floor. Last Cub loses a life. Try adding the next four compass points (NE, SE, NW, SW) to the game. When the Leader calls 'thunderstorm' then all the Cubs have to lay on the ground.

* Kite contests:

Best flying, highest, most artistic, best use of materials, most innovative use of recycled materials, smallest kite (must fly!), largest kite (must fly!) and other ideas.

* The blowing wind:

Divide the Pack into teams of two Cubs. Have the Cubs stand face to face with their partner. Give each team a marble or a ping-pong ball. Draw a line on the floor using colourful electrical tape. The first Cub from each team sets the marble or ball at one end of the line and blows on it, attempting to move it to the other end of the line where their partner is waiting to blow it back to them.

<https://www.educatal.com/page/781/Wind.html>

Giving Thanks

We do not see the wind,
We only hear a sigh.
It makes the grasses bend,
Whenever it goes by.

We do not see God's love,
But in our hearts we know,
He watches over us,
Wherever we may go.

We do not have to see,
To know the wind is here;
We do not have to see
To know God's love is near.

Author unknown, Acknowledgement: Baloo's Bugle, April 2000

the myth of aeolus

The island of King Aeolus lay in the midst of the sea, very far away from any other land. Not being fixed in one place, like other islands, it floated slowly on the water. Exactly in the middle of it was a palace. A strong bronze wall, very steep and smooth, had been built all around the palace. Here, with his six sons and six daughters, lived Aeolus, the king of the winds.

When Ulysses, who was the king of Ithaca, was coming home from the Trojan War, he lost his way. One day, after a very long voyage and a great many hardships, he came with his men to the floating island of King Aeolus. Here they were hospitably received. In fact, King Aeolus kept them at his palace and entertained them for a month. When they were ready to start out again, on their way home, King Aeolus gave Ulysses a great leather bag, made of an ox-skin, and tied with a silver rope. In this bag were all the winds except one. That one wind was the west wind, which King Aeolus had purposely kept outside, so that it might blow the ship home; for Ithaca was toward the east.

When the sailors saw King Aeolus hand over this great leather bag to Ulysses, they did not know what was in it, but thought it must be something very valuable, probably gold. Then noticing the shining silver rope with which it was bound, they began to wonder if they could not undo the knot. Ulysses, seeing their curious glances, and feeling a little suspicious of them, made up his mind that he would sit up all night, every night, and steer the ship himself.

They started off, with the west wind blowing gently, and all going well. For nine days and nine nights they sailed straight east, till they could see the mountain peaks of Ithaca. All this time, Ulysses had been at the helm, for he felt more and more suspicious of the sailors. Meanwhile, the sailors whispered among themselves that Ulysses was going home with a great bag of treasure, and that it was not fair that they should have nothing. They could see more and more of the shores of Ithaca. Even the smoke from their own firesides came in sight, and that was a sight they had not seen for many long years.

But Ulysses could not keep awake any longer. When he saw land in sight, and knew that the voyage was almost over, he was so completely tired out that he sank down by the rudder where he stood and fell asleep. This gave the sailors the opportunity they had been watching for. They sprang to the bag the moment that the eyes of Ulysses were closed, and untied the silver rope.

Out rushed the winds, and struck the ship from all ways at once. The ship spun around like a top, and the sea was churned into a fine spray which flew so high and so thick that it was like a blinding snowstorm. Then, being blown along by a gale from the east, Ulysses and his men finally found themselves once more at the Island of the Winds.

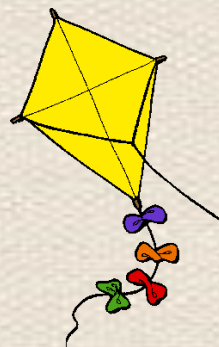
But as King Aeolus would not help them a second time, they had to make the best of it, and take the winds as they came. It was a long, long time after that, before they saw their homes again.



<http://www.talesbeyondbelief.com/myth-stories/aeolus.htm>

kites for everybody!

1. Collect a variety of recycled items, such as:
 - **Sails:** paper, plastic, trash bags, wrappers, foam trays, paper cups
 - **String:** heavy duty button thread, yarn
 - **Spars:** bamboo, food skewers, old blinds, wood sticks, straws
 - **Tails:** streamers, ribbon, strips of plastic
 - Do not use: heavy materials like metal, stretchy materials like plastic wrap or cotton fabric
2. Design your kite:
 - Design and build a unique and interesting kite
 - Eddy kites, sled kites and all kinds of flat kites are recommended
 - The kite should be symmetrical. Fold the sail in half to make sure
 - Use lightweight recycled materials and your imagination!
3. Construct your kite:
 - Your goal is to make the kite fly
 - It should also be creative and unique
4. Flying Recycled Kites:
 - Outdoor flying - weather permitting
 - Indoor kite flying - Use the Scout Hall and have the Cubs run around the hall (always in one direction!)



<http://classroom.kitingusa.com/recycledkites.htm>

resources:

You want to measure wind speed with your Cubs? Have a look at these two simple DIY's:

1. <https://www.scientificamerican.com/article/bring-science-home-wind-speed/>
2. <https://www.youtube.com/watch?v=Af0LB3abBsk>

news:

Looking for some fun and new ideas; join the 'Pow Wower's' at **Pow Wow 2018 in KZN from 22/09 to 25/09/18**. Don't miss out now!

More about the World Animal Day in the next edition of **pack chat** - stay tuned!

Good hunting!
Your **pack chat** Team
Jeanette and Madita