



pack chat



contents:

- "I wanted to change the world"
- Think about it
- Did you know?
- FAQ
- Introducing the SDG Goals
- The story of the hummingbird
- Crafts for the "busy Packs"
- Thank you
- Resources

"i wanted to change the world"

When I was a young man, I wanted to change the world.

I found it was difficult to change the world, so I tried to change my nation.

When I found I couldn't change the nation, I began to focus on my town. I couldn't change the town and as an older man, I tried to change my family.

Now, as an old man, I realize the only thing I can change is myself, and suddenly I realize that if long ago I had changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world.

Author: unknown monk around 1100 AD

Now more than ever, it is time for us to heed our founder, Lord Baden-Powell's call to **"Leave this world a little better than you found it."** Are you up for the challenge? I know I am!

think about it:

Sustainable development is the pathway to the future we want for all. It offers a framework to generate economic growth, achieve social justice, exercise environmental stewardship and strengthen governance.

Ban Ki-moon

did you know?

- In the year 2015, leaders from 193 countries of the World came together to face the future and what they saw was daunting: famines; drought; wars; plagues; poverty;... Not just in some faraway place, but in their own cities, towns and villages.
- The United Nations Development Programme (UNDP) is one of the leading organizations working to fulfil the SDGs by the year 2030.

Source: Sustainable%20Development%20Goals/SDGs_Booklet_Web_En.pdf

introducing the sdg goals:

- **Salty potato experiment:** Fill two small bowls with water and mix salt into one of the bowls. Label both bowls so you know which one has the salty water. Cut a potato in half and place each half into a bowl with the cut side down. Leave for about 30 minutes and watch what happens – the salt water draws water out of the potato, causing it to shrivel. Explain to the Cubs that just like the potato loses water when put in a salty solution, salty food and drinks make people thirsty, and that these items should only be eaten occasionally. (SDG 3)
- **Spelling:** Write each letter of the alphabet on bottle tops. Spread the bottle tops out around the playing area. Give each Cub a word to spell using the lettered bottle tops. Ask the Cubs to move around the room, finding the correct lettered bottle tops, to spell out the word. (SDG 4)
- **Make Germs Scatter:** For this experiment you will need a bowl of water, black pepper and dish washing liquid. Sprinkle some pepper into your bowl (don't add too much or the demonstration will not work as well). Let the Cubs observe how the pepper floats on the surface of the water; much like germs on the surface of our skin. Cover a finger with the dishwashing liquid. Now for the big moment! Stick your finger into the water in the centre of the bowl if possible. Watch how the 'germs' scatter to the edge of the bowl. Afterwards discuss with your Cubs how 'germs' are afraid of the soap and what can we learn from this demo. (SDG3)
- **Seed Planting Relay:** You will need a supply of paper cups; a supply of seeds (popcorn kernels or small stones). In turn, each Cub follows a line drawn on the floor by placing the heel of one foot against the toe of the other foot. About every metre the Cubs must stop and place a seed into the paper cup set about 30cms on each side of the line. When the Cubs reach the end, they run back and touch the next Cub, who plants their seeds in the same manner. (SDG 2)

Source: <http://healthy-kids.com.au/>; <https://www.fantasticfunandlearning.com/>
Cub Scout Leader How -To Book

Frequently Asked Questions

- Q: *Do we have to complete the requirements for all four SDG's?*
- A: Yes, to qualify for the National Challenge badge, the requirements for all four SDG's have to be completed.
- Q: *What is the closing date for this year's National Challenge?*
- A: The closing date is the 30th of November 2019.
- Q: *Where do we send our entry forms?*
- A: Entry forms are to be sent to your Regional Team Co-ordinator—Cub Programme.



the story of the hummingbird

One day a terrible fire broke out in a forest - a huge woodland was suddenly engulfed by a raging wild fire. Frightened, all the animals left their homes and ran out of the forest. As they came to the edge of a stream they stopped to watch the fire and they were feeling very discouraged and powerless. They were all bemoaning the destruction of their homes. Every one of them thought there was nothing they could do about the fire, except for one little hummingbird.

This particular hummingbird decided it would do something. It swooped into the stream and picked up a few drops of water and went into the forest and put them on the fire. Then it went back to the stream and did it again, and it kept going back, again and again and again. All the other animals watched in disbelief; some tried to discourage the hummingbird with comments like, "Don't bother, it is too much, you are too little, your wings will burn, your beak is too tiny, it's only a drop, you can't put out this fire."

And as the animals stood around disparaging the little bird's efforts, the bird noticed how hopeless and forlorn they looked. Then one of the animals shouted out and challenged the hummingbird in a mocking voice, "What do you think you are doing?" And the hummingbird, without wasting time or losing a beat, looked back and said, "I am doing what I can".

Acknowledgement: Wangari Maathai



crafts for the 'busy packs'

Story stones: Story stones are simply smooth, flat stones that you can find at the beach or even at a craft store. Each stone has a picture of a character or animal or object on it. You can make a story stone by painting a picture on it, you can use stickers, you can draw on your stone with a permanent marker, or you can use magazine cut-outs or fabric scraps to make your story stones.

You can use them as story-telling aides: the children choose a stone from the basket, and start a story based on the picture on the stone that they've chosen. Another stone is drawn from the basket, and the story continues, incorporating this next picture into it. One child can be telling this story, or you can pass the basket around at circle time, so that each child draws a stone, and adds another sentence to the story.

Sorting and grouping activities: The children can sort the stones; all of the people stones, and then they'll find the animals, and the food stones. The holiday stones go into another pile, etc...

These sorting and organizing activities help with early math skills.

Source: <https://happyhooligans.ca/story-stones>



Indoor hopscotch from recyclables:

Materials: cereal boxes; pizza boxes (9 squares plus one large semi-circle to sit at the top of the hopscotch).



Instructions: Draw numbers on each square and paint them. Arrange the squares on the floor and get hopping. Having the children arrange the hopscotch is a great way to work on counting skills and number recognition.

Source: <https://happyhooligans.ca/sindoor-cardboard-hopscotch>

Craft Sick Puzzles:

Material: Coloured jumbo craft sticks and Velcro dots.

Instructions: Attach Velcro dots to every end of the jumbo craft sticks making sure that you use the same kind of dot on the same side and the other for the other side—see

diagram. Children can now stick the craft sticks together to make different patterns or they can stick craft sticks of the same colour together.

Source: <https://www.powerfulmothering.com/velcro-dot-craft-sticks/>

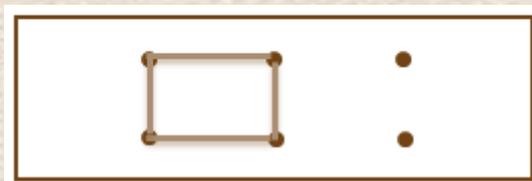


DIY geoboards:

Materials: rectangular piece of plywood or other board; paint; sandpaper; nails; coloured elastic bands or yarn

Instructions: sand the rough edges of the board, then paint both sides. Using a pen, mark where the nails should go. Hammer the nails in far enough so they stay firmly in place, being careful not to go through the board. Children can now hook the elastic bands around the nails to make different shapes.

Source: <https://www.teachpreschool.org/2011/07/diy-i-made-my-very-own-geoboards-for-preschool>



thank you:



We thank you, O God, for all the loveliness of nature, which is your special handiwork. Everything is wonderfully made with your special care.

Help us to understand our world more and more and know how we can help take care of the things, which you have made, and keep them beautiful as you meant for them to be. Amen

Baloo's Bugle—March 1999

resources:

- https://www.unicef.org/agenda2030/69525_82235.html
- <https://unicefkidpower.org/>
- <https://worldslargestlesson.globalgoals.org/>
- <https://vimeo.com/138852758>
- https://www.oxfam.org.uk/education?cid=rdt_sustainable-development-goals
- <http://www.comicsunitingnations.org/>

More about the fantasy of books in the next edition of **pack chat**

Stay tuned!

Your **pack chat** team
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